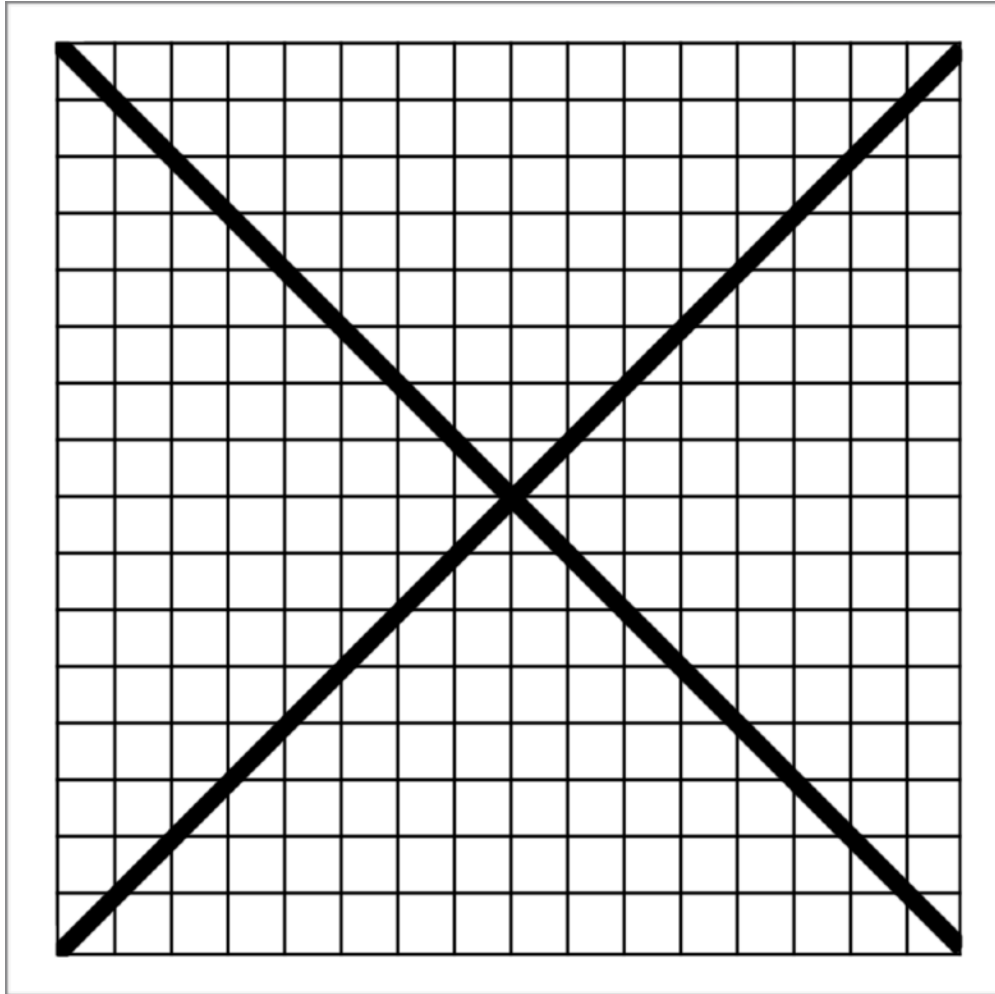


Name:

Date:



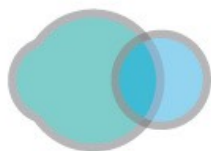
Amsler Grid: Right Left

252-758-2402

It is very important that you remain aware of any changes in your vision and report them to our office immediately. This simple test will help you notice changes that may not be obvious to you otherwise. We recommend that you complete this test for each eye at least twice a week.

To test your Right Eye:

1. With your reading glasses on, cover your left eye with your hand and use your right eye to stare at the center of the X on the grid for a short time.



Name:

Date:

- Without moving your eye from focusing on the center of the X, notice any new or different blank spots, dark spots, blurry spots, distorted lines or missing lines.
- If you see any changes, make a note to describe what you see and call our office to see if you should come in for an exam so we can determine if you need treatment.

To test your LEFT eye:

- With your reading glasses on, cover your right eye with your hand and use your left eye to stare at the center of the X on the grid for a short time.
- Repeat Steps 2 and 3 above.

Here are some examples of changes you might see and what they could mean:

The top image is an example of what we think is dry change but the eye cannot see clearly.

The middle image is meant to represent early wet changes that need evaluation now.

The bottom image is an example of an eye that has full blown wet change and may also have bleeding under the retina.

IF IN DOUBT, CALL AND LET US LOOK AND SEE IF YOU NEED THE PAINLESS INJECTIONS TO SAVE YOUR VISION!

252-758-2402

Dr Peter Van Houten, MD

